

Web Information

- www.drugs.com
- www.nida.nih.gov (Nat'l Institute on Drug Abuse)
- www.health.org
- www.teens.drugabuse.gov
- www.theantidrug.com (National Youth Anti-Drug Media Campaign)
- www.cdc.gov (Youth Risk Behavior Surveillance)
- www.dshs.state.tx.us (Youth Risk Behavior Survey)

HELP

- 1-800-662-HELP
- Alcoholics Anonymous 713-686-6300
- Houston Council on Alcoholism and Drug Abuse
281-866-7557
- Houston Northwest Rehab 281-353-8333
- Palmer Drug Abuse Program 281-528-7908
- The Right Step (Spring) 281-895-9331

Contact your school counselor or CYS worker for further information.